

# Employee Benefits



## HEALTH AND WELLBEING

We support mental health and wellbeing with access to a range of Wellbeing Advocates and Mental Health First Aiders.



## PROFESSIONAL LEARNING

Colleagues have access to exceptional development and networking opportunities.



## EMPLOYEE ASSISTANCE PROGRAMME

Free confidential counselling service to assist in areas including financial matters, relationship and legal issues. Available 24/7.



## ONLINE GP ACCESS

Connect to quality healthcare via digital access to expert GMC-registered GPs at a time that suits you.



## LOYALTY RECOGNITION SCHEME

We recognise and celebrate the valuable contributions by providing a token of appreciation at 5, 10, 15, 20 and 25 year milestones.

## EXCLUSIVE DISCOUNTS

Instant access to discounts with high street retailers, supermarkets and much more!



## COLLEAGUE REFERRAL SCHEME

Receive £250 reward for referring an individual to our Trust Family.



## CYCLE TO WORK SCHEME

Up to value of £2,000.



## GYM

Discounted gym memberships



## HEALTHCARE

We provide free flu vaccination each autumn term and eye test vouchers, which includes an allowance for glasses, or discount towards the premium range.



## PENSIONS

Generous public sector pension schemes for all colleagues



## WORK-LIFE BALANCE

Family friendly policies and flexible working opportunities.



## HEALTHCARE CASH PLAN

Claim money back on a variety of health and wellbeing treatments including dental, optical, physiotherapy.

