



DETAILS OF PHYSICAL EDUCATION DEPARTMENT

DEPARTMENT STRUCTURE

At St Thomas More Catholic Academy we currently offer 2 hours per week of Physical Education for KS3 students and 1 hour of core Physical Education for KS4 students. We offer OCR Cambridge National Sport Studies qualifications at GCSE level in KS4, we currently have two groups in both year 10 and year 11. We offer OCR Cambridge Technical Sport at A level in KS5 with healthy numbers every year.

CURRICULUM

Years 7 – 9

We have built this curriculum on the foundations of Key Stage 1 and 2 and aim to develop further competence in key skills but present all learners with the wider opportunities as performers, officials, spectators and leaders during Key Stage 3 and 4, empowering them to confidently continue in the subject during Key Stages 4 and 5. We provide a safe learning environment for learners to make sustained progress in motor competence, rules, tactics and strategies and healthy participation. Learners will gain confidence to perform and make mistakes to guide their next steps in their learning journey. We are proud of our curriculum allowing all students to develop a lifelong passion for sport, exercise and a healthy lifestyle.

Our curriculum pathway is distilled into a range of key activities across the key stage:

- Hockey
- Rugby
- Basketball
- Dance
- Volleyball
- Health and fitness
- Outdoor and adventurous activities
- Netball
- Handball
- Gymnastics
- Football
- Athletics
- Tennis
- Rounders
- Cricket
- Softball

Years 10 – 11

The Cambridge National Certificate in Sport Studies is taught across a two-year KS4 at years 10 and 11.

In core Physical Education in Key Stage 4 students are able to choose one of four pathways for the entire year with activities changing each term as part of that pathway.





Years 12 – 13

St Thomas More is part of the Trinity Sixth Form. We currently offer at A level the Level 3 Sport and Physical Activity qualification (OCR Cambridge Technical).

We also work in partnership with David Campbell Soccer School at St Thomas More Catholic Academy. DC Soccer School provides vocational qualification for our students with unique opportunities to travel and coach abroad and move into sport related employment after completion of the course.

DEPARTMENT AIMS

- To provide all learners with sports performance and participation opportunities reaching beyond the classroom.
- To encourage students to foster a lifelong love of sport, exercise and healthy living.
- For staff and students to be an integral part of the Physical Education departments extra-curricular and enrichment programme.
- To ensure there is a positive learning culture within the department where students are allowed time to develop their knowledge across the key stages.
- To monitor behaviour and plan / support intervention.
- To analyse, monitor and raise the progress of Physical Education.
- To promote and drive rewards within the department in order to raise aspirations.

FACILITIES

We have an extensive range of facilities including; a sports hall with 4 badminton courts, 8 basketball hoops, a gym space for dance and gymnastics, a fitness suite with cardiovascular machinery and free/fixed weights, a state of the art 3G artificial grass pitch full size split into 3 mini pitches, 3 netball courts converting into 4 tennis courts, 1 grass football pitch and 1 grass rugby pitch that convert into an athletics track and rounders pitches.

STAFFING

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| • Adam Stonier | Head of Faculty for PE/Performance |
| • Vacancy | Second in Department for Physical Education. |
| • Becky Jones | Teacher of Physical Education /Lead Teacher (responsibility Dance & Drama) |
| • Lydia Hall | Teacher of Physical Education |
| • Alison Staton | Teacher of Physical Education/ DDSL |
| • Katie Nuttall | Teacher of Physical Education/Assistant Headteacher |
| • Scott Nixon | Teacher of Physical Education & Science |

