



# Westfield Health & Rewards

All employees with contracted hours have access to Westfield Health as part of our Employee Assistant Program (EAP).

### What is Westfield Health?

Westfield Health is a health cash plan that allows you to claim money back, up to set limits, towards the cost of your essential healthcare, as well as providing access to valuable health and wellbeing services.

Employees can rest assured that your cover will help with your bills, so it's a great way to help you budget for your everyday health costs.

Your dependent children, up to the age of 21, are also covered on key benefits at no extra cost, giving you that extra peace of mind. You also have the option to enhance your cover and/or add a partner to your benefits. This can be done directly through Westfield Health via the information on their website and App.

Westfield Health is a benefit in kind and has a tax cost of approximately £1 per month to an employee.

### What can I claim?

As an employee, you can claim back the cost of the following (per year):

- **Up to £65 Optical** – Covers the costs of eye test, glasses and even contact lenses.
- **Up to £60 Dental** – This amount would cover possibly 2 checkup appointments per year and a scale and polish.
- **Up to £120 Dental Accident** – I.e., broken tooth or lost filling etc.
- **Up to £75 Wellbeing & Alternative Therapy** – Acupressure, Allergy Testing/Food Intolerance Testing, Aromatherapy, Hypnotherapy, Indian Head Massage, Nutritional Therapy, Reflexology, Reiki and Sports Massage and can be used for any 1, or combination of the treatment/service types.
- **Up to £150 for Therapy Treatment** (Physiotherapy, acupuncture, chiropractic, osteopathy, homeopathy) – A significant number of staff have at least one of these treatments per year. Claim the costs back!
- **Up to £200 Private Consultation** (medical) – Need a diagnosis quicker than via NHS. This covers private consultation appointments.

- **Up to £28.95 Prescription Charges:** This covers you to claim back up to 3 prescription charges and can be claim against a prescription certificate
- **Policyholder's children who live at home, up to the age of 21, are also covered for 100% of the benefit claim amount on the policy at no extra cost.**

### **Westfield 24 Hour Advice and Information Line**

Westfield also provide 24/7 telephone access to a counsellor and legal, debt and medical advice

### **Westfield Rewards**

You also have access to [Westfield Rewards](#), an exclusive discounts site with hundreds of retailers to make your savings go further, you can gain access to this site with your account number.

### **NEW: [Introducing Westfield Rewards Presentation](#)**

What do you get?

- Access to the exclusive discounts site
- Special offers at hundreds of leading retailers
- Savings from big brands like M&S, Sainsbury's, Boots, B&Q and many more
- Save £100s a year
- Save with one-off vouchers, reloadable discount cards or receive cashback
- Many offers are in addition to sale prices, money off vouchers and online promotions
- Offers are subject to change