



Reed's School Job Description
ATHLETIC DEVELOPMENT COACH

Reed's School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

The Role and Department:	This role will be part-time, term time only, supporting the Athletic Development Department in delivering high-quality strength and conditioning and sports coaching provision across the School. The role will involve 30 contact hours per week, with the exact allocation to be agreed with the successful candidate. The successful candidate will work with Sports Scholars aged 11-18, delivering coaching sessions, athletic development programmes, and physical literacy education throughout the school day. The candidate will ideally have experience in coaching at least one of the school's major team sports: Rugby, Hockey, Netball, or Cricket, or Academy sports: Swimming, Tennis, Ski-Racing, and Golf. Coaching delivery will take place before school, during curriculum time, at lunchtimes, and after school, as agreed upon at the start of the contract. This role will report to the Head of Athletic Development.
Main Duties and Responsibilities:	• Deliver coaching sessions for Sports Scholars across a range of sports, including but not limited to rugby, hockey, cricket, netball, and football. • Design, implement and review long-term athletic development and training programmes for athletes aged 11-18, supporting the School's Athletic Development and Strength & Conditioning provision. • Deliver physical literacy, strength and conditioning principles, and sport-specific warm-ups within PE lessons, Games lessons and team training sessions under the direction of the Head of Athletic Development. • Assist with fitness testing, movement screening, physical performance assessments and the collection, analysis and reporting of athlete development data across the School.

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| | <ul style="list-style-type: none">• Support the monitoring and tracking of pupil development, attendance, training engagement, progress, attainment and injury management.• Attend and contribute to meetings relating to athlete development, welfare, performance and progress.• Carry out other reasonable duties as instructed by the Head of Athletic Development and commensurate with the role.• Promote and safeguard the welfare of children and young persons for whom you are responsible and with whom you come into contact. |
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Reed's School Person Specification ATHLETIC DEVELOPMENT COACH Reed's School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.		
	Essential	Desirable
Qualifications	• A degree in Strength and Conditioning or a comparable appropriate qualification. • First Aid qualification.	• UKSCA Accreditation. • Coaching qualification in one of the school's major sports.
Knowledge, Skills and Experience	• Experience in working with young people in a coaching capacity. • Knowledge of and commitment to long-term athlete development and age-appropriate coaching practices. • Experience in methods for training programme design and data tracking. For example, proficient in Excel for periodisation and TeamBuildr for programme inputting. • Strong organisational and time-management skills, with the ability to manage multiple coaching commitments throughout the school day.	• Previous experience of working within a School or educational establishment. • Experience coaching a sport, such as Rugby, Hockey, Netball, Cricket, Swimming. • Interest in sports science, performance analysis and athlete monitoring. For example, load management and GPS.
Personal Competencies and Qualities	• Passion for developing young people through sport and athletic development. • Excellent communication and interpersonal skills. • Proactive and willing to contribute positively to the wider sporting life of the School. • Ability to work collaboratively as part of a	

	multidisciplinary team, including coaches, teachers, medical staff and support staff. • Ability to maintain confidentiality and manage sensitive information appropriately.	
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