

A photograph of a running track at Dulwich College. In the foreground, a male athlete in a blue and black striped singlet and black shorts is running towards the camera. Behind him, another athlete in a blue singlet is also running. Further back, two more athletes in white and purple singlets are visible. The track is red with white lane markings. To the left of the track is a green grassy area where several other students are sitting or standing. In the background, there are large green trees and a historic building with a prominent clock tower and spire under a blue sky with light clouds.

DULWICH COLLEGE  
FOUNDED 1619

# Group Exercise Instructor

Information for Applicants

# Welcome

## Dear Potential Applicant

Thank you for applying to work at Dulwich College. I hope that you will find the prospectuses and web pages useful and feel that they provide a better understanding of our aims, values and ethos. I also hope this booklet makes you feel you might thrive here, would like to join us and make a great professional contribution.

At heart, the College's focus ensures the wellbeing, experience and achievements of our pupils. We want them to be happy, to flourish and to get the very best from their time here. These aims also allow us to have a positive relationship with our families, and uphold our reputation and strategic ambitions.

We have a large, diverse, dedicated and talented team of colleagues. It is a huge collective effort to achieve our annual and long-term goals, and we could not do this without everyone working together in a diligent and good humoured manner.

As well as rewarding and fun, being part of the College is demanding at times and we have high expectations of all our colleagues. There are, however, many advantages and opportunities, which are better explained in this booklet. Put simply, we wish to get the best from everyone and we will seek to invest in you and develop you during your time with us.

We recognise that many of our colleagues are professionally ambitious. We will certainly help you in your aims, through mentoring, professional development courses and career opportunities.

We are fortunate to have a large College community, with several career pathways and experiences available. We hope that you will enjoy working here, really understand the value and the commitment shown by everyone and wish to play your part in the exciting life of Dulwich.

Mr Robert Milne  
Master





## The College

Dulwich College is an academically selective independent school for boys in south east London, known for its inspired teaching, genuine scholarship and broad co-curricular life.

Our dedicated and increasingly diverse staff of approximately 250 teachers and 350 operational colleagues, support a pupil body of approximately 1,850 across the Senior and Junior Schools and DUCKS, our co-educational nursery and infant school.

Set within 70 acres of beautiful grounds, yet only 12 minutes by train from central London, the College offers an exceptional working environment — spacious, well-resourced and rich in heritage. The campus blends iconic listed buildings with award-winning new architecture, creating a dynamic and inspiring setting that values curiosity, creativity and collaboration among both pupils and staff.

# Vision Values & EDI

## Our Vision

to be an outstanding school that inspires every pupil to work, study and serve with purpose, developing the potential to make a positive difference in the world.

## Our Values

purpose, kindness and joy – underpin a culture of curiosity, creativity, compassion and integrity. We promote collaboration, resilience and appreciation of the benefits of living and learning within a diverse, inclusive community.

## Equity, Diversity and Inclusion

We celebrate the diversity of our pupils, staff, alumni and parents, recognising that varied backgrounds and experiences create a vibrant and forward-looking community. Dulwich College stands firmly against discrimination in all forms and is committed to advancing inclusion, social responsibility and the core British values of democracy, liberty, respect, tolerance and the rule of law.

## Job description

### Job title

Pilates Instructor

### Reporting to

Sports Club Duty Manager/Course Coordinator

### Salary

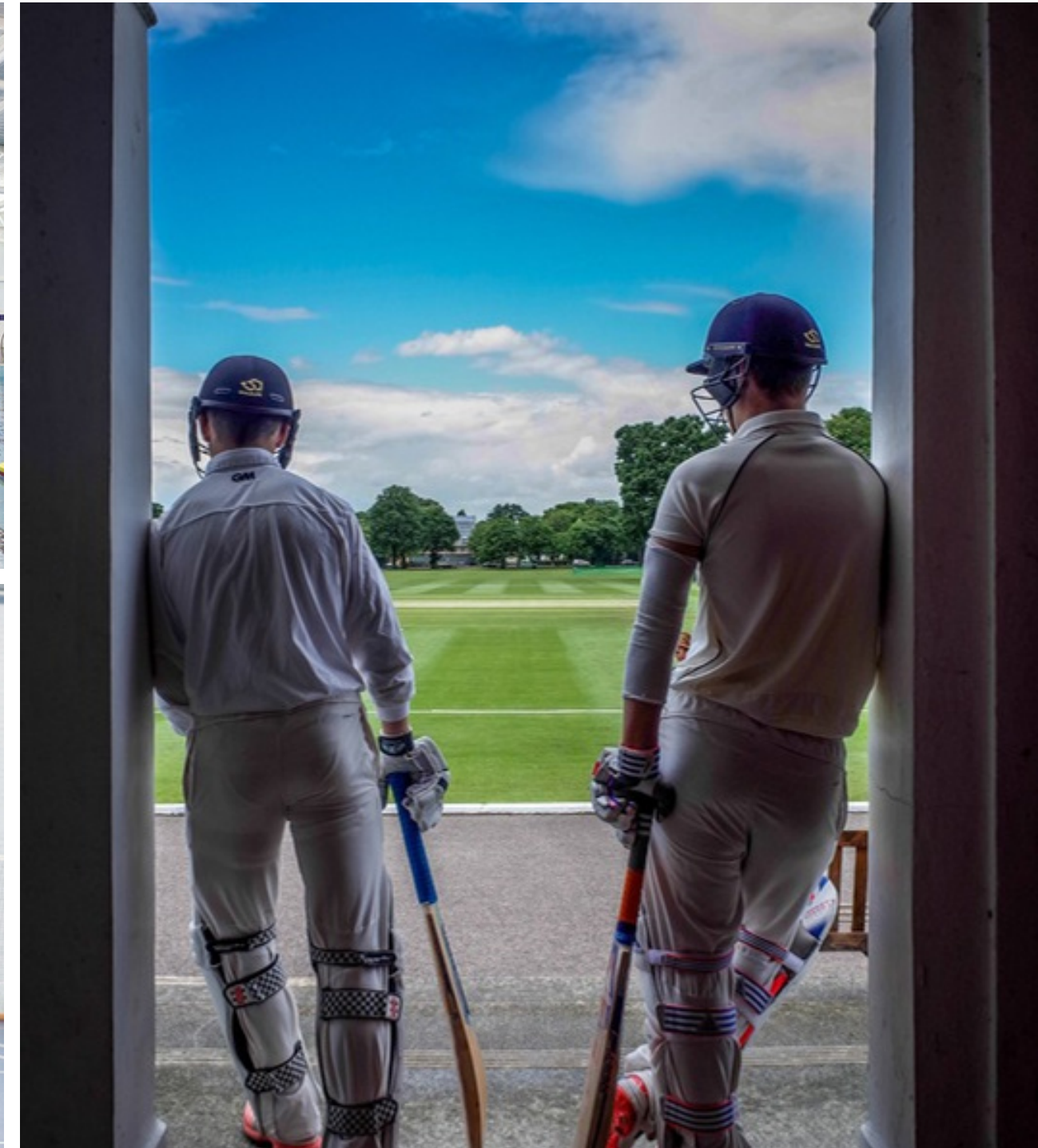
£30.00 per hour

### Role Overview

As a Group Exercise Instructor, you will be responsible for providing a high quality class instructor service for the Sports Club in a safe, responsible manner, in keeping with the standards of Dulwich College.

### Core Duties

- Plan, prepare, and deliver safe, engaging, and inclusive classes that meet the needs and abilities of participants.
- Ensure the health and safety of all participants by following risk assessments, safeguarding procedures, and emergency action plans.
- Set up, check, and safely store equipment before and after classes, reporting any faults or hazards promptly.
- Provide a high standard of customer service by being punctual, professional, and approachable, while promoting a positive and motivating environment.





# Person specification

|                                                                                                                | Essential | Desirable | Assessment                    |
|----------------------------------------------------------------------------------------------------------------|-----------|-----------|-------------------------------|
| Relevant, up to date instructor qualification                                                                  | Y         |           | Application form              |
| Exercise to Music Level 2 qualification                                                                        | Y         |           | Application form              |
| Additional fitness-related class instructor qualifications                                                     |           | Y         | Application form              |
| First Aid Qualification                                                                                        |           | Y         | Application form              |
| Relevant experience                                                                                            |           | Y         | Application form<br>Interview |
| Enthusiastic, confident, and motivating, with the ability to engage and inspire participants.                  | Y         |           | Interview                     |
| Reliable and professional, demonstrating punctuality, responsibility, and a positive attitude at all times.    | Y         |           | Interview                     |
| Approachable and personable, with strong communication skills and the ability to build positive relationships. | Y         |           | Interview                     |
| Adaptable and attentive, able to respond to different abilities, needs, and situations calmly and effectively. | Y         |           | Interview                     |
| Willing to promote the safeguarding and welfare of pupils                                                      | Y         |           | Interview                     |



# Important information

## Safeguarding

All staff are responsible for safeguarding and promoting the welfare of children, completing the required training, and adhering to College safeguarding policies.

## Health and Safety

Staff must also take reasonable care of their own health and safety and that of others, follow safety procedures, use equipment responsibly, and co-operate with managers on all health and safety matters.

## Safer Recruitment

You will find our application form detailed — this ensures we meet the rigorous standards required when employing people to work with or around children and young people.

## Vetting

All appointments are subject to pre-appointment vetting, as required by law, which will include satisfactory criminal record checks.

## Get in touch

Queries should be sent to [joinourteam@dulwich.org.uk](mailto:joinourteam@dulwich.org.uk)



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